

# OUR PANTRY IS RUNNING OUT OF:



## FOOD ITEMS

- Rice
- Sugar
- Juice boxes
- Baked beans
- Tea / coffee
- Cereal / instant oatmeal
- Tuna / canned meat
- Chunky / Habitant soups
- Mac & Cheese

## TOILETRIES & PERSONAL CARE

- All men's and women's hygiene products (e.g. body wash, shampoo, deodorant, toilet paper, Kleenex)
- Cleaning supplies (e.g. dish soap, laundry soap, all-purpose cleaner)
- Diapers - sizes 5 & 6
- Maxi and regular feminine hygiene pads (not tampons)
- Adult incontinence products (maximum absorbency pads for women, unisex disposable pull-up underwear)

**DON'T FORGET**

**Donations MUST BE PHYSICALLY GIVEN to a CS volunteer at our back door!**

**Donation days & hours: Mondays, Wednesdays & Fridays from 9:30 to 11:30 a.m.**

**NEVER LEAVE YOUR DONATIONS OUTSIDE THESE DAYS & HOURS!**